

CANORA COMPOSITE SCHOOL



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NEWSLETTER

Caring, Cooperative, Supportive

Issue 4, December 2020



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IMPORTANT DATES:

Dec. 21-Jan. 1—Christmas Break

Jan. 4—Back to school

Jan. 8—Beginning of Block 3

Check for upcoming important information/dates on our school website:

www.gssd.ca/school/ccs

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Canora Composite School



canoracougars



"Kindness is a gift everyone can afford to give." ~ Unknown



There are many ways that we can attempt to manage our symptoms of "Covid-19 burnout", which include:



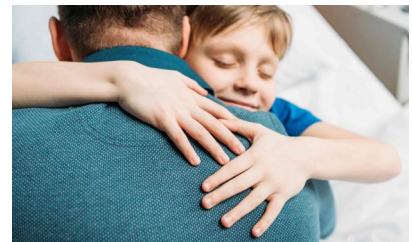
physical exercise



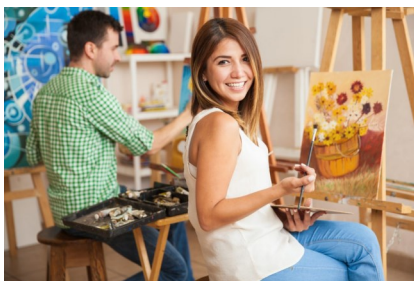
**maintaining our social connections as best we can
(this is one thing technology is great for!)**



allowing ourselves to feel our feelings (which may include big laughs and big cries, both very beneficial for the nervous system)



giving and receiving physical affection (pets count!)



participating in creative expression



and finding the present moment by focusing on our breath.

We also gain a lot from supporting those within our own community. We know that there is stigma related to contracting Covid-19. No one wants to or chooses to contract Covid-19. Model empathy in your conversations with your children by normalizing the possibility of contracting the virus, and brainstorming ways to be supportive to those who have been identified as close contacts. Even though we cannot physically be together this season as a result of the virus, it is crucial for us to be together in mind and spirit. May you and your family be blessed with health and joy this Christmas! Stay safe and see you in 2021!

Alison Kawa B.A., BSW

The Value of Self- and Peer- Assessment in the Classroom

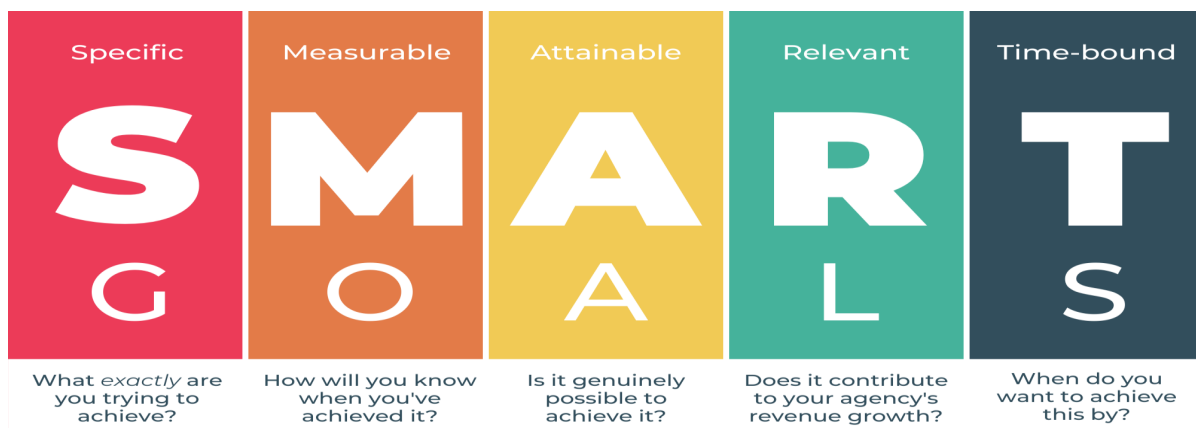
Educators are often looking for ways to gain insight into students' true comprehension and levels of understanding by shifting towards student-centered learning. Student self-assessment can provide such insight as it involves the evaluation of students' own work and learning progress. Similarly, peer-assessment can help students develop the skills needed to become better reviewers of their own work.

A valuable process on its own, self-assessment may be paired with peer assessment. Applying knowledge gained through peer assessment, students' self-assessment can be a potent next step in actively promoting their own learning and achievement. Through these types of assessment, students can:

- identify gaps in learning or where their knowledge is weak
- see where to focus their attention in learning
- set S.M.A.R.T. goals
- become better reviewers of their own work
- develop critical thinking skills
- revise their work
- track their own progress
- reflect on the process of learning



Ready to support Self- and Peer-Assessment using Education Planner (7-12) to engage students in becoming the architects of their learning?



Service Recognition Recipients



***Leona Kitchen
10 Years***



***Kim Eiteneier
10 Years***



***Thomas Lowes
15 Years***



***Michelle Anaka
10 Years***



***Wayne McInnes
15 Years***



***Jill Craig
15 Years***



Congratulations

On Your Retirement

I would like to thank GSSD, formerly Canora School District, for placing their faith in me by offering me a full-time permanent teaching contract in 1989. I taught in Rama, Invermay, and Yorkton Regional High School. In the fall of 2007, I transferred to CCS as a Teacher to support diverse learning needs of grade 5-12 students.

I have always enjoyed advocating for students. Some of the pleasures of teaching children are the children of previous students. I would like to thank parents for entrusting me with their prize possessions. Together, we have worked very hard to foster good citizens.



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I believe Covid has taught us to live in the present, in order to appreciate all that we have. There is no question that fear and anxiety have heightened our emotions. I am pleased I have had the opportunity to experience the dynamics of keeping the workplace safe.

On the other hand, I admire the strength of our youth. Students have deliberately adapted to the restrictions in seamless manner, even if they do not agree or like them, in pursuit of their educational goals. I admire their fortitude!

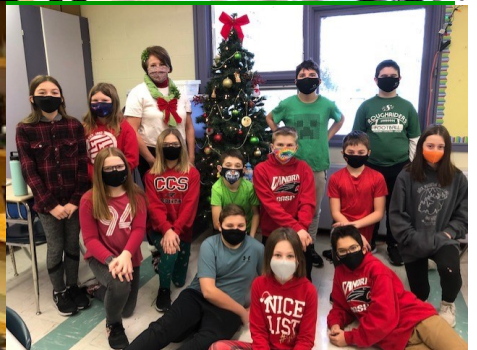
I am closing this chapter of my life like so many students, "Without a Party". Although we wish to leave in a more intimate way, we can all recognize that it is the journey with its roadblocks and experiences that sustain us. I wish all students, parents, and staff of CCS and area, the strength to endure the Pandemic challenges with Courage and Faith.

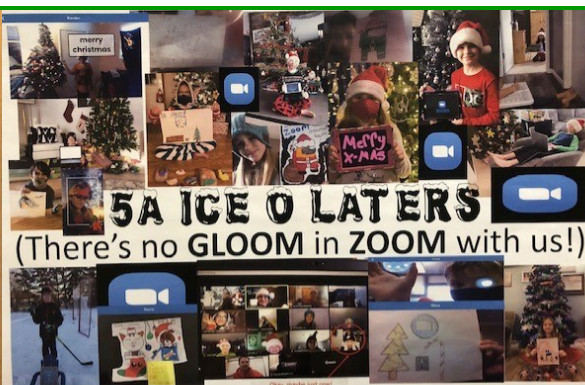
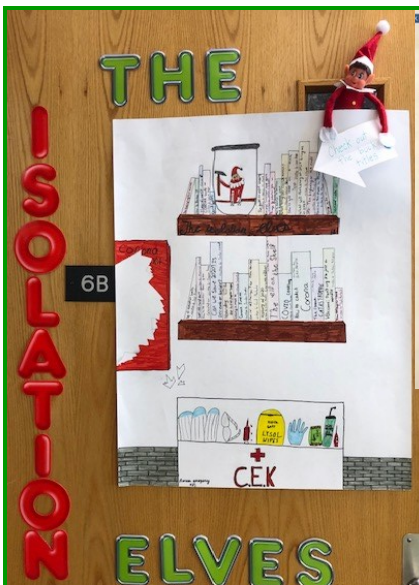
Mrs. Perepeluk-Niechar

Christmas SPIRIT WEEK



CCS Style





The SRC had a fun-filled week planned for the entire school. The week began with wear your favorite red, green, & white attire. Tuesday was Christmas sweater and hat day. Also, each homeroom was asked to create a poster and the CCS staff picked the top three favorites. In 1st place the grade 6B's with The Isolation Elves, 2nd place went to the 5A's Ice O Lators, & 3rd went to the 7A's The Who's Whoville Wasteland. Below are a few more of the great posters created by the students.

